Lincoln County Resource Guide

Provided by



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Entries are listed in alphabetical order.

211 – Coordinated Entry (housing assistance)- St. Charles, Lincoln and Warren Counties

Dial 211

Press 2 then enter your zip code

Press 3 for homelessness or imminent risk of homelessness – leave a message and someone will call you back

Affinia HealthCare

Main Line 314-898-1700

Appointments 314-814-8700

Closest Location: 4414 N Florissant Ave

St. Louis, MO 63107

(Multiple locations in the St. Louis City area)

*Provides a wide range of services including primary medical care, family medicine, pediatrics, Ob/Gyn, dental, mental health, and pharmacy, Homeless Services, Audiology, Mammography Van, Radiology, Chiropractic Services, Urgent Care and WIC

*Most insurances accepted, MO HealthNet, Gateway to Better Health, Bluecross/Blueshield, United Healthcare, Managed Care Plans, and some Market Place Health Insurance as well as sliding fee scale based on income for uninsured http://www.affiniahealthcare.org/

Alcoholics Anonymous

314-647-3677

14 Sunnen Dr Ste 144, St. Louis, MO 63143

*Central Service office provides info about AA meetings for Greater St. Louis Metropolitan Area.

http://www.aastl.org/

All You Need is Love Food Pantry

573-485-3838 – Leave Voice Message

59 Auburn Church Rd, Elsberry, MO 63343

e-mail: mpofnorthlincoln@yahoo.com

*3rd Sat 9:00-11:00 or by appt call for eligibility

*Offer hygiene products and occasional fresh produce http://www.northlincolnparish.com/Resources.html

American Red Cross

800-733-2767 Non-Emergency 314-516-2800

M - F 8:00 - 5:00

*Assistance with CPR, First Aid, and Babysitting

*Information on blood drives and volunteer opportunities www.redcross.org

Annie's Hope

314-965-5015

1333 W. Lockwood, Ste 104

St. Louis, MO 63122

- *Provides grief and bereavement services to children, youth, and families after the death of someone significant in their life.
- *Offers a wide variety of free programs to help support families, including support groups, community referrals, and camps for kids and teen-retreats.
- *Provides anticipatory support for families before they lose someone. http://www.annieshope.org/

Asbury United Methodist, Foley-Food Pantry

636-668-8855

2704 South Hwy W, Foley, MO 63347

- *Open Wed 10:00-12:00
- *Serves Winfield School District (Winfield, Foley, & Old Monroe) call for eligibility requirements
- *Household items when available
- *Bring a form of ID with you

Behavioral Health Response (BHR)

800-811-4760 - Crisis Line

*24/7 confidential emergency hotline for mental health crisis 888.237.4567 call Compass Health for Lincoln County residents

*Information/referrals even if not in a crisis yet http://www.bhrstl.org/

Birthright of Wentzville

636-327-8170

1-800-550-4900 24 hr hotline

10 E. Pitman Ave, Wentzville, MO 63385

- *Free confidential information and referrals, pregnancy testing, support, maternity/baby clothes
- *M 9:00-12:00, Tu 9-7, Wed 5pm-7pm, Th 9:00-7:00, & 1st and 3rd Fri 5pm-7pm, Sat 10-12:30 Valid drivers license needed

http://www.birthright.org http://birthrightofwentzville.org

BJC HealthCare Physician Referral and Information Service

800-392-0936

Monday-Friday, 8:00-6:00

- *Open to General Public, Free Referral Service
- *Provides one-stop access to BJC HealthCare physicians and services. A Referral Specialist can assist you in finding a physician that matches your specific needs and preferences including: some office hours, specialty, insurance participation and much more.
- *Will assist in scheduling an appointment with that physician, provide information regarding support groups and community education opportunities sponsored by any of the BJC HealthCare Hospitals. http://www.bjc.org

BJC Behavioral Health

Call center: (314) 747-7491 Monday- Friday 8 a.m. to 5 p.m.

2 locations in St. Louis and Florissant have same day access services.

Bread for Life Food Pantry

636-528-3646 820 Cap-Au-Gris Troy, MO 63379

- *Wed 10:00-1:00, last Wed of month 4:00-6:30
- *No referral needed, serves all Lincoln County residents who fall at or below federal poverty guidelines, may receive food once per month
- *Must bring a picture ID

Breastfeeding Support Group

St. Joseph Hospital West 100 Medical Plaza – Koenig Building Lake St. Louis, MO 63367 636-625-5335

- *Every Wednesday in Community Room, first floor, 12:30 to 2:30
- *Free for all new moms no matter where you delivered, led by Certified Lactation Consultants, no registration required

Budget Boutique

636-528-0999 8 Opportunity Ct Troy, MO 63379

- *Monday Saturday 10:00-4:00 Sun closed
- *Affordable thrift store operated by and benefitting Earthwise Industries http://www.earthwiseindustriestroy.org

Calvary Chapel Food Pantry

636-528-5223 Church office T-F 9-3 28 Snyder Rd (white building on lot) Troy, MO 63379

- *White building on parking lot
- *Pantry Open Saturdays 9:00 11:00
- *Receive food weekly, no location restrictions
- *Must present driver's license

http://www.caltroy.com

Calvary Chapel Food Pantry – Winfield

636-566-6225 43 Eagle Avenue Winfield, MO 63389

- *Open 1st& 3rd Tuesday 10:00-12:00
- *Serves Foley, Winfield, and Old Monroe. All clients must live in the area and need assistance
- *An application must be filled out with proof of income and address and a picture ID is required
- *Office hours Tuesday 9:00-1:00

Catholic Legal Assistance Ministry – St. Francis Community Service

314-977-3993

100 N. Tucker Blvd. Suite 726

St. Louis, MO 63101

*Offers legal representation for families in the Greater St. Louis area who cannot afford an attorney (below 150% poverty level) Primarily work with domestic situations but does cover Immigration, Veterans, Property, Housing, Family situations and guardianships

*Call M-F and leave a message. No walk in appointments.

http://www.sfcsstl.org

email - sfcs@ccstl.org

Center Pointe Hospital

Main Hospital: 800-345-5407 4801 Weldon Spring Pkwy St. Charles, MO 63304

*Offers inpatient and outpatient treatment at the main hospital in St. Charles, with additional outpatient locations in St. Peters, South County, West County, Columbia and Maryville, IL *Services include mental health and addiction treatment for adolescents (12+), adults, and senior adults

www.CenterPointeHospital.com

Child Abuse and Neglect Hotline

800-392-3738

- *24/7 hotline to report suspected non-emergency abuse or neglect of children in Missouri.
- *Call anonymously if not a Mandated Reporter. If Mandated Reporter may report on line for non-emergencies

http://www.dss.mo.gov

Childcare Aware

866.892.3228
314.535.1458 – option 2
955 Executive Parkway Dr, Ste 106
St. Louis, MO 63141
Referral service for child care
*Mon-Fri 9-5

*Provides parents info to find appropriate & quality childcare http://mo.childcareaware.org

The Child Advocacy Center of NE MO

636-332-0899-Main Number 636-332-0545- Children Services Number 989 Heritage Pkwy Wentzville, MO 63385

- *Responding to child abuse through a supportive team approach to reduce the trauma to children and their families.
- *Child advocacy center serving children who have experienced sexual or physical abuse, neglect or witnessed violence.
- *Intervention Services include child advocacy services, forensic interviews, and therapeutic counseling services to children and non-offending family members regardless of the ability to pay.
- *Prevention Education Services include school-based body safety and internet safety programs for children, mandated reporter training, and parent and adult prevention education programs. http://www.cacnemo.org

Children's Division

*Lincoln County Contact Information: 636.622.7002
384 N Lincoln Dr. - PO Box 318
Troy, MO 63379
M-F 8:00am-5:00pm
*Pike County Contact Information: 573.742.3210
1610 Business Hwy 54W
Bowling Green MO 63334
Nichi Orf, Circuit Manager,

- *Helping families build safety networks and develop their own plans for safe keeping of their children through Signs of Safety
- *Mission: To protect MO children from abuse& neglect; assuring their safety and wellbeing, partnering with families, communities and government in an ethically, culturally and socially responsible manner.
- *Investigation of child abuse and neglect
- *Partnering to achieve change. Partnering with families to provide concrete services to keep families together
- *Foster care program. Taking care of children and families when they are separated due to abuse/neglect
- *Licensing program for foster, and relative providers
- *Adoption Services. support adoptive children and their families before and after the adoption
- *Collaborating with community agencies to provide the best services possible for children and families
- *Helping families build safety networks and develop their own plans for safe keeping of their children through Signs of Safety

http://dss.mo.gov/cd/

Christian Family Services, Inc.

314-968-2216

7955 Big Bend Blvd

Webster Groves, MO 63119

ConnectCare Program:

*Temporary Foster Care program provides temporary loving & safe care when a family is in crisis to children birth-5 years in a licensed home. Goal is for families to stabilize and reunite ASAP. Parents maintain full custody & stay in contact with children. Assigned a social worker to refer resources and resolve crisis.

Counseling Program:

- *Maternity counseling/Professionally trained therapists with credentials in their respective fields from a compassion, understanding, and Christian perspective through Family Life program. Focus on strengthening marriage and family relationships. Work with depression, grief, divorce and other issues.
- *Education and enrichment opportunities offered for maternity, parenting, marriage, and individual enhancement.

Adoption Home Study Program:

*Social workers meet with families seeking adoption and complete a home studies and guardianship studies.

http://www.stlcfs.org

Community Opportunities

636-462-7695 PO Box 420 Troy, MO 63379 *Residential, community, social skills and employment services for individuals with developmental disabilities. *Day program and case management services http://www.commopps.org

Cooling Centers

- *Provide an air conditioned place for people to go during extremely hot weather.
- *Refer to the interactive map for Cooling Center Sites in Missouri, which is accessible to the public on the DHSS Website. The map includes: name of facility, street address, city, phone #, and hours of operation

https://mogov.maps.arcgis.com/apps/webappviewer/index.html?id=a40c7955be2f41f09a4e11 520c6ee34b

Compass Health Network

844.853.8937 Main number Locations:

- * 91 Troy Square, Troy, MO 63379
- *1032 Crosswinds Ct, Wentzville, MO 63385
- *19515 Brune Pkwy, Warrenton, MO 63383
- *Full service health clinic serving individuals of all ages.

Offer a variety of medical, dental, and mental health services including community and school based counseling for children and independent living services for adults with disabilities, adult and youth services for psychiatric health and wellness, outpatient therapy and psychological assessments.

*Accepts most insurance, Medicare, MO HealthNet, Managed Care Plans, and offers a sliding fee scale for uninsured clients based on income.

Mental Health Crisis Hotline – 888.237.4567- Available to anyone 24/7, no cost. Provide immediate support for behavioral health crises by phone and face-to-face outreach available when needed. Referrals available.

Crisis Access Point (CAP) – 833.356-2427 option 1 – 1032 Crosswinds Court, Wentzville Open 24/7/365 provides support for individuals in mental health or substance use crisis for up to 23 hours; ages 18 and over; provides a safe place to get immediate basic needs met and referrals to community resources.

Compass Health Network Express Care

8075 Mexico Road St. Peters, MO 63376 636.723.8477 844.853.8937 Monday through Friday 8 am- 4:30 pm

*Same day, walk in access

*All ages

http://www.compasshealthnetwork.org

CORE (Community Opioid Response Efforts)

Ending the epidemic of opioid addiction affecting Lincoln County to improve the lives of residents who are experiencing mental health and substance use issues, and their families. Attend monthly meetings the last Thursday of the month.

www.lc-core.org

Crossroads Clinic Volunteers in Medicine - Lake St. Louis

636-561-3133 636-625-3534-Fax 10890 Veteran's Memorial Pkwy, Ste B, Lake St. Louis Serves Lincoln, Warren, Montgomery and Western St. Charles Counties Open Tue and Thur 9am-1pm https://www.crossroadsclinicvim.org

St. Charles location:

636-724-4848 636-724-4875-Fax 1039 S Duchesne Rd St. Charles, MO 63301 Serves St. Charles Open Mon and Wed 9am – 3pm http://www.volunteersinmedicinestcharles.org

*Free primary care clinic for adults 18 to 64 years old who are uninsured and cannot afford care. Cannot be eligible for Medicare, MO Health Net or Managed Care Plan and must meet 200% federal poverty guidelines

DART (Drug and Alcohol Reduction Team)

DART's mission is to prevent and reduce youth substance misuse in Lincoln County by spreading awareness, changing community norms, and building partnerships. Attend monthly meetings the last Thursday of the month.

www.dartlincolncounty.org

Delta Center for Independent Living

636-926-8761 3837 McClay Road Suite T St. Peters MO 63376 *8:30 to 5:00 M – F

*Partners with people with disabilities & their communities to remove barriers, and promote positive changes leading to greater independence for all. List of services: Consumer Directed Services (CDS), Advocacy, Information & Referral, Peer Support, Independent Living Skills Training, Home Safety Assessments, Transition, Assistive Devices and Equipment, Adaptive Telephones & Hearing Impaired Phones, Low-Vision Aids and Equipment, Spinal cord transition program and Veterans Directive Care program.

http://www.DCIL.org

Domestic Violence Outreach/Shelter Services

- *Sexual assault/domestic violence response team and 24/7 Crisis Hotline 636-224-1800
- *Robertson Center Outreach 636-224-1864 call for a list of support groups, to make a donation and other services. Clients of the Robertson Center receive vouchers to shop at the Budget Boutique.
- *DV shelter for St. Charles County-Women's Center
- *DV shelter for Lincoln County-Robertson Center Either location call Crisis Line 636-224-1800. Possible transportation support.

www.bridgewaybh.com/domestic-violence-services

Easter Seals Midwest

11933 Westline Industrial Dr. St. Louis, MO 63146 314.394.7100

- *Offers parent education and training, professional and community training, individual and family support, and applied behavior analysis services to families of children with Autism in Lincoln, Warren, Pike, and other central/eastern MO counties
- *Family services include respite care, crisis intervention, and support services http://esmw.org/

Elder Abuse and Neglect Hotline

800-392-0210 7:00am-8:00 pm - 365 days a year

1-866-835-3505 Referrals for home and community based services

*Hotline to report suspected abuse, neglect, or financial exploitation of vulnerable people over 60 and people with disabilities over age 18

*Local Contact: Kelsey Glore 636-622-7055

http://health.mo.gov/safety/abuse/

Family Advocacy and Community Training

636-949-2425 (F.A.C.T.) 2240 Bluestone Dr.

St. Charles, MO 63303

8am-4:30pm M - F

- *Offers services as advocates and parent educators for children and young adults with
- developmental disabilities and serious emotional disorders. *Provides educational advocacy, transition services, partnership with families, family support programs and people first programs.

http://factmo.org

Family Support Division

http://mydss.mo.gov

Information line: 855-373-4636

Chat online: visit mydss.mo.gov and select DSS chat

*Food Stamp, Child Care Benefits, MO Health Net, Child Support order/enforcement, TANF,

Food Stamps, Childcare Assistance, Aged/Blind/Disabled Services

Finklang Eye Health Associates

636-528-2020

84 Professional Pkwy, Troy, MO 63379

- *Primary and emergency eye care services for all ages.
- *Accept most insurance, including Medicare and MO Health Net, and Managed Care Plans http://www.visionsource-feha.com/

First Baptist Church of Troy-Food Pantry

636-528-4407

1000 Elm Tree Rd., Troy, MO 63379

*Food pantry open Thursday 9:30-11:00, will assist Lincoln County residents, call for eligibility requirements

First Step Back Home

Paul Kruse 636-466-1365

*Temporary homeless assistance

www.firststepbackhome.net

Gateway Alliance Against Human Trafficking

https://www.gatewayhumantrafficking.org/

Breaking the Chains of Human Trafficking prevention program. Invite them to speak to or train your agency.

If you or someone you know needs help, call the National Human Trafficking Hotline at 1-888-373-7888

Grief Support Services

636-328-0878 (Kristen Ernst)

e-mail: KristenErnst@chhcounseling.com

*Free support group offered by Baue. Call for current times/days.

http://www.baue.com

Harvester Christian Church

636-528-0566 ext 149 43 Front St., Troy MO 63379 Services 9am and 10:30 am on Sundays

*"Wrap-A-Bottom" Diapers, provides diapers to local service agencies to distribute; local families in need of diapers can pick up diapers on Wednesdays from 10:00 to 12:00 www.harvester.cc

Hawk Point Food Pantry

John and Sandy Emerson 636-338-4013 – call first 220 Main Street - Crossroads Hawk Point, MO 63349

*Open 1st and 3rd Saturday of the month from 9:30 to 11:00, call for eligibility

Head Start/Youth in Need

- *Lincoln County Head Start and Early Head Start 19 Fairgrounds Rd, Troy Mo 63379 (636) 462-6061
- *Programs for children, teens, and families. Free counseling for all ages for St. Charles residents only, street outreach, emergency shelter for teens and young adults, transitional living programs, foster care and adoption case management
- *Early head start is for expecting parents &infants-3yrs of age, head start is for children 3-5
- *24 hr help line/Emergency Shelter 636-946-3771
- *Teen Parent Program 636-757-9413

http://www.youthinneed.org/

Heartland Women's Healthcare (formerly Midwest OB/GYN)

618-997-5266 1000 Edge Water Point, Suite 200 Lake St. Louis, MO 63367

- *Offers full Ob/Gyn services including pre-natal care, well women exams, and STD/HIV screening
- *Accept most insurance, under Managed Care only United Health Care and Homestate
- *Uninsured must pay up front

https://www.usaobgyn.com

Hope Ministries of St. Charles County-food pantry

636.281.1069 206 East Elm St O'Fallon, MO 63366 *Open Wednesday 8am-10am

*Serves all counties

^{*}Assists Hawk Point, Silex, Truxton, & Olney residents

*First visit will receive food and a list of info to bring at the next visit. The list of info you will need at the next visit includes social security card for every member of household, proof of income, show any assistance received and current bills and assistance they receive, Bring in house/rent, medical, loans, any bills you pay Clothing available, additional benefits to those

Must re-enroll beginning of each year, you do not need to come each week to stay on the list.

Housing Discrimination Hotline

800-669-9777

enrolled.

*HUD Office of Fair Housing and Equal Opportunity hotline to file a housing discrimination complaint http://nationalfairhousing.org

HSE classes (Formerly GED)

636-922-8411

e-mail: smugler@stchas.edu

*Offered through St. Charles Community College

*Morning and evening classes offered face to face on the SCC campus at 4601 Mid Rivers Mall Dr, Cottleville, MO. Limited virtual classes offered in the morning and evening. All classes meet 9 am to noon or 6 pm to 9 pm

*FREE on-site high school equivalency (HiSET®) prep classes. Call or go online for registration dates and class schedule. New students accepted monthly, August-March, at scheduled enrollment sessions. Must attend two 4-hour face to face enrollment sessions to be enrolled in the class.

http://www.stchas.edu/ael

Hunger Hotline – Operation Food Search

314.726.5355 x 1 or text your zip code to 785.503.3310

*24/7 emergency hotline run by Operation Food Search to assist persons in need of referrals in their area, will provide agency name and phone number

Immaculate Conception Food Pantry

636-665-5307 110 Mary Knoll Rd Old Monroe, MO 63369 *Offers food Saturdays from 8:30-10:30

Infant Loss Resources (formally known as SIDS Resources)

800-421-3511 1120 S Sixth St, Ste 500 St. Louis, MO 63104

*Offers free support to families who have lost an infant to SIDS or other sudden death or sleep related loss with counseling, peer connections, home visits, and support groups. Offers professional and community education and awareness programs. Have e-mail and Facebook support groups. Can help Grandparents and siblings.

http://www.infantlossresources.org/

The Key Youth Center

Phone: 636-338-1462

The community-driven, community-funded and community-managed The Key Youth Center serves homeless Lincoln County youth from all four local school districts (Troy, Winfield, Elsberry and Silex). The Key is equipped to provide long-term residential and wrap-around services for up to 14 youth, 7 male and 7 female (on separate floors), who are at-risk of, or meet the criteria for, homelessness as defined by the McKinney-Vento Act.

Website: The Key Youth Center thekeyyouthinc.org

Kids Under Twenty One Hotline (KUTO)

Main # 314-963-7571 office After Hours 888-644-5886 crisis line toll free 314.644.5886 local

*24hr crisis line for kids, adolescents, or young adults who are in crisis or need help. Staffed by trained teens M-Th 4:00pm-10:00pm, Fri/Sat 4:00pm-12:00am http://www.kuto.org/

La Leche League St. Charles County

Barb 636-946-4404

*Meetings are virtual and face-to-face

*you can find the Zoom information on Facebook accounts: St Charles LLL (open meeting); LeLeche League O'Fallon (open meeting) or request to join St Charles County LLL (private meeting)

*LaLeche provides support, encouragement, education, and information to women who want to breastfeed

www.lllstl.org

Legal Services of Eastern MO

800-444-0514

314-534-4200

*Free civil legal assistance for elderly and low-income in Lincoln, Warren, Pike, and other Missouri counties.

May help with a wide variety of civil legal problems.

*Call or visit website to apply for services.

http://www.lsem.org

Lincoln County Council on Aging Community Center

*Troy 636-528-7000 1380 Boone St, Troy MO 63379

*Serves on-site meals and deliver meals to homebound Monday through Friday. f Heating and Cooling Center

Free daily activities for all ages, to improve quality of life and promote active aging for all. Iccoaonline.org

Lincoln County Health Department

636-528-6117 636-528-8629-Fax

5 Health Dept Dr

Troy, MO 63379

M-F8:00-4:30

- *WIC (option 5)- supplemental nutrition program for eligible pregnant women, infants, and children up to 5
- *Dental clinic (option 3) serves children and adults with MO Healthnet and to the uninsured we offer very reasonable fees. Call for appointment.
- *Vaccines (option 1) offer all required vaccines to qualifying children, some vaccines for adults. Call for appointment.
- *Travel services- passport application site, photos, travel vaccines. Call for an appointment.
- *Application Assistant for Safe at Home

http://www.lchdmo.org

Lincoln County Resource Board (LCRB)

636-528-2490-Office

636-262-8313-Cell

Cheri Winchester, Executive Director

director@lincolncountykids.org

101 West College Street, Suite 5

Troy, MO 63379

- *Through a ¼ cent sales tax designated to provide mental health services for Lincoln County kids (ages 0-19), the LCRB funds prevention, early intervention and crisis services/programs offered in Lincoln County schools, homes and communities at no out-of-pocket costs to parents and caregivers. The following providers are part of the LCRB and listed in this guide:
- *St. Louis Counseling
- *Compass Health (formerly Crider Health Center)
- *Crisis Nursery Wentzville
- *Family Advocacy & Community Training (FACT)
- *Nurses for Newborns
- *Presbyterian Children's Homes/Services

- *Prevent+Ed
- *Sts. Joachim & Ann Care Services
- *The Child Center
- *ThriVe St. Louis
- *Youth In Need
- *Gateway Human Trafficking

www.lincolncountykids.org

Love Serving God Ministries (LSG)

207 S. Lincoln Dr Troy, MO 314.766.2199 636.358.4226

- *housing assistance (when finances are available)
- *volunteer transportation for appointments, shopping,
- *assistance with medical copays
- *clothes closet, household items and furniture
- *food/survival boxes
- *government cell phone assistance
- *helping hands for senior citizens
- *works with people to become self sufficient

<u>Isgministries@outlook.com</u>

Lutheran Family and Children's Services

1-866-326-5327 314.787.5100

636-949-5522 or 314-258-6169 24/hr hotline

100 Piper Hill Drive

St. Peters, MO 63376

- *Offers pregnancy counseling/assistance, adoption, Respite Care ages 0-5, counseling and mentoring on a sliding fee scale based on ability to pay
- *Hotline is for Pregnancy Services

http://lfcsmo.org

Mary Martha's

636-327-7848

9 W. Koenig St

Wentzville, MO 63385

- *Non-profit, low cost thrift shop open Tuesday and Thursday 9:00am-4:00pm and Friday and Saturday 8:00am -12:00pm
- *Can get referrals from approved agencies if already an existing client and will receive one free bag of items per family member

Mary Queen of Angels

9:00-12:00. Call to verify open

636-579-7083 211 E Elm St, Unit 2 O'Fallon, MO 63366

- *AS AVAILABLE, free diapers, wipes, formula, baby toiletry items, baby/children's clothing, maternity clothing, baby equipment, bottles, toys, shoes to expectant mothers & mothers of children up to age 2
- *Prenatals at 8 months can be put on a waiting list for baby items. Go every 30 days until youngest child turns 2. Clothing up to size 7/8 for older children (Clothing four times a year) *Call for referral. Hours are Tue & Thur 10:00-2:00, Wed 3:00-6:00, Fri 9:30 – 12:30 and Sat
- *Picture ID, Proof of birth (birth certificate/Medicaid card)

Mercy Center for Women's Ministry

636.528.4427 661 Boone St Troy, MO 63379

- *Call and leave a message, an intake coordinator will return your call
- *Free one-on-one trained peer Christian counseling
- *you will be paired with a counselor who has been through similar circumstances
- *Marriage counseling by trained couples
- *Women's Bible Studies, Griefshare; Recovering from losses of life; Boundaries; and Making peace with your past support groups
- *Our motto is "We've been where you are" https://cwmhope.org/locations/troy-mo-mercy-cwm/

Mercy Clinic General Surgery

636-528-8686

1175 E. Cherry St

Troy MO 63379

- *Provides a wide range of surgical and diagnostic procedures with the convenience of hometown caring and compassion. We help many patients on an outpatient basis using the latest minimally invasive technologies.
- *To see a list of procedures visit the website
- *Mon-Fri 9:00-5:00

www.mercy.net/practice/mercy-clinic-general-surgery

Mercy Clinic Psychiatry

1003 E. Cherry St. Troy, MO 63379 636.528.3228 636.528.3314 Fax

Call for hours and appointment

- *Provides medical management and therapeutic services to patients with depression, mood disorders, schizophrenia and other mental illness in both the hospital and clinic settings.
- *Mercy accepts most insurance, including MO Health Net, Managed Care Plan, and Medicare

Mercy Family Medicine

900 E Cherry St Troy, MO 63379

636-528-8585

636-528-8430-Fax#

800-716-0921-Office Exchange

- * Mon-Fri 8:30-4:30 Family medical clinic for all ages.
- *Provides primary care services including physicals and basic lab tests
- *Mercy accepts most insurance, including MO Health Net, Managed Care Plan, and Medicare

Mercy Family Medicine

1003 E Cherry St Troy, MO 63379

636-528-6755

636-528-6965-Fax #

*M-F 9:00-4:30 Family medical clinic for all ages.

Provides primary care services including physicals and basic lab tests.

*Mercy accepts most insurance, including MO Health Net, Managed Care Plan, and Medicare www.mercy.net/practice/mercy-family-medicine-1003-east-cherry

Mercy Family Medicine

1165 E Cherry St

636-528-1919

636-528-1916-fax #

800-716-0921 Medical Exchange

Troy, MO 63379

Mercy Family Medicine-Elsberry

573-898-9100 844-521-7606-Office Exchange 106 Broadway St Elsberry, MO 63343

^{*}Mon-Fri 8:00-4:30

^{*}Family medical clinic for all ages. Provides primary care services including physicals and basic lab tests

^{*}Mercy accepts most insurance, including MO Health Net, Managed Care Plan, and Medicare www.mercy.net/practice/mercy-clinic-primary-care-1165-east-cherry

- *Family medical clinic for all ages. Provides primary care services including physicals and basic lab tests
- *Accepts most insurance, including MO Health Net, Managed Care Plan, and Medicare
- *Monday-Friday 8:30-5:00

www.mercy.net/practice/mercy-hospital-lincoln

Mercy Family Medicine-Winfield

636-668-6824 844-521-7606-Office Exchange 35 Winfield Plaza Winfield MO 63389

- *Mon-Fri 8:30-5:00
- *Primary Care Physician to Patients from Children- Adults
- *Mercy accepts most insurance, including MO Health Net, Managed Care Plan, and Medicare http://www.mercy.net/practice/mercy-hospital-lincoln

Mercy Lincoln Urgent Care

636-528-3495 1000 E. Cherry Street Troy MO 63379

*Open daily 8:00-7:30

Closed major holidays; other holiday hours 8:00-4:00

*Mercy accepts most insurance, including MO Health Net, Managed Care Plan, and Medicare www.mercy.net/practice/mercy-urgent-care-lincoln

Mercy Home Health and Hospice-Lincoln

636-528-3470 1005 E. Cherry St Troy MO 63379

- *Mon-Fri 8:00-5:00 a skilled nurse is on call daily 24 hrs
- *Mercy Home Health provides compassionate care to help you live independently at home. We work as a team with your physician and hospital when you have special medical needs in life.
- *Staff consists of experienced professionals who focus on patient centered care utilizing Mercy values. We help you manage your acute, chronic or life-limiting condition through a variety of skilled, physician ordered services.

*People 18 & up may qualify

www.mercy.net/practice/mercy-home-health-lincoln

Mercy JFK Clinic

314-251-6382 615 S. New Ballas Rd St. Louis, MO 63141

Mon-Fri 8:00-4:00

- *Provides medical care, OB/Gyn services, low cost prescriptions to eligible uninsured or underinsured
- *Internal medicine, OB/Gyn, pediatrics, general surgery, outpatient services/tests, and specialized care with physician referrals
- *Must apply for services, call and speak with eligibility department to determine or go on line. http://www.mercyhospital@jfkclinic.com

Mercy McAuley Clinic

(636) 239-8585

851 E 5th Street, Suite 200, Washington, MO

Provides prenatal and pediatric care to uninsured, underinsured and Medicaid-eligible women and children. Includes comprehensive primary care, family medicine, women's health care, ADHD treatments, mental health services and more

Missouri Job Center of Warrenton

636-456-9467 866.506.0251

M - F 8:00 - 4:30

Workforce Development Director: Dawn Mowery Hickey dmowery@boonslick.org 111 Steinhagen Rd Warrenton, MO 63383

- *Serves Lincoln, Montgomery and Warren Counties
- *Job seekers can receive job search assistance, career guidance, access to free workshops and information on unemployment.
- *Resource room is available with computers, printer, phones, copier and self-tutorial programs for typing and Microsoft Office.
- *Youth, Dislocated Workers, and adult programs are available for qualifying individuals
- *Services, including tuition assistance and training, may be available through these programs.
- *The Job Center also serves businesses and can help employers meet their hiring needs with free posting of job openings and by hosting hiring events and job fairs. http://jobs.mo.gov

Missouri First Steps

866-583-2392

660-665-8860 Lincoln County

- *Coordinated services/assistance to children birth-3rd birthday with delayed development or diagnosed conditions associated with developmental disabilities and their families, must be a MO resident
- *Physical, Occupational, & Speech Therapy and nutritional services. May have technology devices such as wheelchairs

https://www.mofirststeps.com

MO RIDES

844-836-7433

*Help connect you with transportation providers across Missouri.

*The referral service is free. You pay the company of your choice for your ride.

http://morides.org

MTM (formerly Logistic Care Transportation)

Medical Transportation Management

Transportation to non-emergency medical appointments with MoHealthNet. Call to verify coverage.

Cost is \$2 per ride.

Must schedule ride 3 days in advance.

Reservation hours Monday – Friday 7 a.m. – 6 p.m.

MTM-inc.net/Missouri

Must provide your own car seat.

Partners with medical facilities to provide transportation to participants.

Participants should call the reservation line: (866) 269-5927

The MOMS Line

314-768-MOMS (6667)

*A support line for new moms struggling with anxiety or depression.

*Help line staffed by trained volunteers who have recovered from their own personal experiences with postpartum sadness, irritability, anxiety or depression.

Mortgage Foreclosure Counseling

888-995-HOPE (4673)

Mon-Thurs 8am to 10pm and Fri 8am to 8pm EST

*hotline to connect with the Making Home Affordable (MHA) organization

*Free housing counseling services and foreclosure assistance

*Call to get help with mortgage and determine eligibility for MHA program http://www.makinghomeaffordable.gov/

www.hud.gov or 202-708-1112

Moscow Mills Community Food Pantry

636-356-4266

703 Main St

Moscow Mills, MO 63362

Pastor: Mark Spence

*Open Thursday from 9:00-11:30 (closed 5th Thur. and holidays)

*Can receive food once per month, call for eligibility

Narcotics Anonymous

Local HelpLine:636-697-8406

*Support group, call local helpline or go online for more information and to find a meeting http://www.na.org/
http://stlna.org

Narcotics Enforcement Team Hotline

636-528-8546 x 5

- *Criminal investigation team dedicated to identifying, apprehending, and prosecuting persons who commit drug violations
- *Call the hotline or email in tips regarding suspicious behavior or witnessed drug use, sales, or manufacturing

http://www.lcsomo.com/narcotics-enforcement

National Alliance on Mental Illness (NAMI)

NAMI St. Charles Office 314-962-4670 1810 Craig Rd Ste 124 St. Louis 63146

- *Help with local resources and referrals, support, and NAMI programs such as NAMI Basics and Family-to-Family
- *Open 7 days a week 9:00-5:00 for general information on mental illness, questions on medication

http://www.namistl.org

National Center for Missing and Exploited Children Hotline

800-THE-LOST (843-5678)

*24/7 hotline to call with information about missing children or child exploitation http://www.missingkids.org

<u>http://www.cybertipline.org/</u> to report sexual exploitation of children

National Domestic Violence Hotline

800-799-SAFE (7233)

*24/7 free, confidential, anonymous hotline that provides crisis intervention, safety planning, emotional support, information and referrals to victims of domestic violence, perpetrators, friends, and family

http://www.thehotline.org/ www.loveisrespect.org

NECAC

*Lincoln County 636-528-7604 11 Woodcrest Dr, Troy, MO 63379 *NECAC services to clients in the area including family development, life skills classes (budgeting, home ownership, healthy lifestyle), energy assistance, rental assistance, weatherization, foreclosure counseling, home health aides, WIC, and Family Planning. Not all services are available at all location-call for more details http://www.necac.org/

New Salem Baptist Church- Product Pantry

Church: 636-668-8108

Product Pantry: 1383 Hwy EE, Winfield, MO 63389

- *Product pantry provides paper products, shampoo, toothpaste, diapers/wipes on a limited bases, and other basic items
- *1st Tuesday of the month 9:00-11:30
- *Serves residents of Winfield, Foley, Old Monroe, and Elsberry
- *Driver's license, or photo ID and proof of state aid required
- *Rummage Sale in Spring/Fall to help pay for Back to School Supplies given out for free in Aug, usually during the tax free weekend
- *Takes donations all year long, call to schedule drop off www.nsbcwinfield.com

Nurses for Newborns

314-452-3717 for Lincoln and St. Charles Counties 314-544-3433 (for new referrals dial 352) 800-45BIRTH (800.452-4784) 3 Sunnen Drive, St. Louis, MO 63143

*Office hours: Mon-Fri 8:30-5:00

- *Prenatal services: assessment of the mother's general health, nutrition, number of weeks gestation, reproductive history, family resources, home environment, education and personal safety.
- *Postpartum services: visits with you and your baby in the home up through age 2. The nurse will perform exams, weight checks, answer any questions about you and your baby. Information and education on safety, feeding, signs of infant illness, safe sleep and parenting. *Self referral or agency referral. Referral form online.

<u>intake@nursesfornewborns.org</u> www.nursesfornewborns.org

Oasis Resource Center

Cell (636) 706-6858 Office (636) 775-2711 608 Hwy H, Troy, MO 63379

(mailing address: PO Box 142, Troy, MO 63379)

Email: info@oasisresourcecenter.org

- *Free, confidential services in a welcoming, non-judgmental environment to those experiencing a crisis/unplanned pregnancy
- *Pregnancy testing, ultrasounds, and truthful private conversations exploring the options available to her and/or her partner. Clients can also take advantage of a variety of free educational resources either onsite on online. www.oasisresourcecenter.org

OATS / LINC

660.415.0901 or 800.654.6287

- *Call M F from 7am to 1pm for same day and next day reservations; all other reservations 7am and 2pm
- *Public transportation for all residents of Lincoln
 County, \$2 per stop in town \$3 per stop for county service
- *Operates M-F 6:00am-6:00pm with reservations in Lincoln County
- *Wednesdays and Fridays transportation to Pike, Montgomery, Warren, St. Charles and St. Louis Counties and St. Louis City for medical appointments only \$10 round trip. (see THE LINC) www.oatstransit.org

Our Lady's Inn

636-398-5375

3607 Highway D, Defiance, MO 63341

- *Call before arriving
- *Maternity shelter for homeless pregnant women and children. Women 18+ can stay with their children throughout pregnancy and up to 1yr from when they come in. Offer onsite case management, nursing, & counseling services
- *Offer up to 2yrs of after care services once women leave the shelter. Transitional housing for up to 1yr for women who need extra support
- *For seasonal donations drop off Mon-Fri 9:00-5:00

http://www.ourladysinn.org

Parents as Teachers

- *Troy 636-462-3020 <u>www.troy.k12.mo.us</u> select Early Childhood Center as the school and click on Parents as Teachers tab
- *Silex Please call the Troy office
- *Elsberry 573-898-5554 ext:257
- *Winfield 636-668-8300 ext:406
- *Help to support parents from conception to kindergarten to develop curriculum to promote healthy child development and school readiness
- *Some eligibility requirements

http://www.parentsasteachers.org/

Parent Link

800-552-8522 Text: 585-326-4591 (585family1)

*Available M-F 8am-10pm and weekends 12:00-5:00 for all Missouri residents (closed on holidays)

*Helps parents, friends, families, and professionals work through parenting concerns, access sound parenting information, and obtain resource information in order to strengthen families. http://www.parentlink.missouri.edu

Paternity Information

855-454-8037

888-837-8323

573-442-9948

Planned Parenthood

(636) 279-3339

208 Mid Rivers Center

Delivers reproductive health care, sex education, and information. Available to people with or without insurance.

Poison Control Hotline at SSM Cardinal Glennon Medical Center

800-222-1222

314-772-5200

*24/7 free hotline staffed by nurses, pharmacists, and physicians to assist with questions or exposures

www.missouripoisoncenter.org

Preferred Family Healthcare

Substance Use Disorder/Addiction Services

Outpatient 636-224-1500

1011 E Cherry St

Troy, MO 63379

M-Th 9:00-5:00

*Offers services for addiction disorders/substance abuse, OP-SATOP (Substance abuse traffic offender program)-sexual assault, and domestic violence

*Inpatient services offered at St. Charles Center

636-224-1100

www.pfh.org/bridgeway

^{*}Call for information on paternity and genetic testing

^{*}Discount for those on WIC or any government assistance http://dss.mo.gov/child-support/establish-paternity.htm

Presbyterian Children's Homes/Services

314-989-9727 or 800.888.1904 1220 N. Lindbergh

St. Louis MO 63132

Mentor Coordinator: Mark Grzeskowiak

*Therapeutic Mentoring Services

*In home mentoring, Lincoln County Resident

http://pchas.org

Email - info@pchas.org

Promises of Hope Ranch

636.391.8560 – Mission Gate Ministries

*Mission Gates Promises of Hope Ranch is a Christian faith-based continued recovery home for women in Lincoln County

*voluntary 9-month program, with a 96% success rate for those who graduate the program info@missiongateministry.org

PreventEd (formerly NCADA)- St. Louis Area

314-962-3456

9355 Olive Blvd

St. Louis, MO 63132

- *Offers crisis counseling, prevention and education services, and assessment
- *Helpline available M-F 9am-5pm to get help with any questions regarding drug or alcohol abuse

http://www.ncada-stl.org/

Robertson Center – see Domestic Violence Outreach/Shelter Services

Runaways Safeline

800-RUNAWAY (800-786-2929)

*24/7 free, confidential, and anonymous hotline for youth and teens who are thinking about running away, have already run away and want to go home, have a friend who needs help, or who are homeless and need help. Also for teachers or other adults who want information to pass along to youth they know.

http://www.1800runaway.org/

Sacred Heart Church- SVDP Food Pantry

636-528-0647

100 Thompson Dr

Troy, MO 63379

- *Open Saturday 8:30-10:00
- *Serves Lincoln County and surrounding area, can receive food up to once per month
- *May also be able to provide emergency monetary assistance, once per year, as funds are available

St. Paul United Church of Christ Food Pantry

636-665-5329

903 Meier Rd

Old Monroe, MO 63369

- *Wednesdays 11 am to 1 pm and 4:00 to 6:00 pm
- *May also offer assistance with water and electric when funds are available.

Assists Old Monroe, Winfield and Foley residents

*Church office hours Tue, Wed, Fri 9:00-3:00

Saint Louis Counseling- (formally Catholic Family Services)

636-528-5911

#140 Troy Professional Pkwy Troy, MO 63379

- *Counseling services to all ages (3+) and Love & Logic classes
- *Accept a variety of insurance and a sliding fee scale for uninsured clients
- *Free counseling for children under 18 in Lincoln County

http://www.saintlouiscounseling.org

Saint Louis Crisis Nursery

636-887-3070

700 Medical Dr.

Wentzville, MO 63385

*Provides free short term emergency care for children birth-12 when families are facing difficult life experiences. While children are in respite care, they can receive developmental assessments, physicals with a nurse practitioner, and therapeutic activities.

Family Empowerment Program for Lincoln County residents contact

kayla@crisisnurserykids.org or call (314) 229-1834

As available, Crisis Nursery provides free clothes, diapers, wipes, formula, food, hygiene items, and basic necessities upon request.

www.crisisnurserykids.org

Salvation Army Lincoln County

636-358-0435

820 Cap-au-Gris (Bread of Life Food Pantry)

Troy, Mo 63379

*Saturday from 8-10 – call for an appointment

- *Provide assistance to Lincoln County residents only, one time per year with picture ID, disconnect notice (except with Budget Billing or prepay accounts), and social security cards for each member of the household
- *Some medical assistance as needed. No help with rent or deposits.
- *See also the Salvation Army Shelter

Salvation Army Shelter

636-240-4969 Shelter press 3 1 William Booth Dr O'Fallon, MO 63366

*Emergency 32 bed shelter. Men can only stay with children, women stay in single area, men and women may stay together if married. No single men without children.

http://stlsalvationarmy.org/programs-that-help/homeless-services/

Senior Lifestyle Consulting, LLC

(636) 288-9307

Are you caring for a loved one with memory loss, dementia, or Alzheimers? Support group, individual assessments, referrals.

SHARE Pregnancy and Infant Loss Support

800-821-6819 Local 636-947-6164 402 Jackson St St. Charles, MO 63301

*Provides grief support to families who have experienced pregnancy loss, still birth, or death of an infant child

*Provides information and education to friends, family, and community members on how to support those in bereavement

http://www.nationalshare.org

Shielded by Faith Recovery Center

C Denise Knox, Director 636.205.4959

- *The Shielded by Faith Recovery Center for Women is a Christian faith-based 12-14 month recovery program.
- *It is free to the residents and they do not have to be detoxed to come to the program.
- *Beauty for Ashes is the operating ministry.
- *An application can be found at www.bfa-ministry.org or <a h

The Sparrow's Nest

636-336-2534

Childcare cooperative. The program offers free, Christ-centered childcare to families from Monday to Friday in exchange for one full day of participation in the program.

http://thesparrowsneststl.org/

SSM Glennon Care Pediatric

636-462-5437

636-462-3001-Fax #

Mon-Fri 9:00-4:30 Wed 9:00-6:30 closed for lunch 12-1

After Hours 855-804-0457 (4:30pm-9am)

132 Professional Pkwy, Troy MO 63379

*Pediatric care for children of all ages. Primary care medical services.

*Accepts most insurance, including MO Health Net, Managed Care Plan, and can make payment plan through a third party service if needed. http://www.cardinalglennon.com

SSM Health Behavioral Health Urgent Care

(314) 344-7200

12355 DePaul Drive, Suite 150, Bridgeton, MO 63044

7 days a week, 9 a.m. - 7 p..m

Walk-in crisis care. Can address concerns of: depression, anxiety, stress, grief reactions, medication issues/concerns, mood disturbances, psychosis, distortion or disconnection from reality.

www.Ssmhealth.com/BHUrgentCare

SSM Health Treatment & Recovery Wentzville

(636) 327-1338

Substance abuse treatment and detox

St. Patrick's Center

314-315-5802

Mobile Outreach Worker: Art 314-795-7011

*Provides rapid, permanent housing for homeless Veterans and their families www.stpatrickcenter.org

Sts Joachim and Ann Care Services

*877-893-9602

*636-441-1302

4116 McClay Rd

St. Charles, MO 63304

*Provides housing assistance, career services, food pantry, case management, adopt-a-family, and child/family development program to ensure the basic needs of families

*Can also provide emergency assistance as funds are available http://jacares.org/

Sts. Joachim and Ann Care Service Food Pantry- Elsberry

Elsberry Care Market
636.441.1302
212 Broadway St, Elsberry, MO
Pantry open 1st and 3rd Wednesdays 10 am to 12 pm
Must register and meet income guidelines.
Call for more information and learn what documents are needed to register.
www.jacares.org

Substance Abuse and Mental Health (SAMHSA) Helpline

800-662-HELP (4357)

*24/7 free, confidential helpline for those with substance abuse and mental health concerns.

Provides referrals to treatment facilities, support groups, and community organizations

*Also provides free publications and other print information that can be sent to callers http://findtreatment.samhsa.gov/

Suicide Hotline / Life Crisis

Call or Chat 988

*24/7 crisis intervention and suicide prevention hotline

*Provide referrals for Survivors of Suicide, support groups for those who have lost a loved one to suicide. https://988lifeline.org/

Tel-Link

800-835-5465

Mon-Fri 8:00-5:00

*Information and referral line for maternal and child health care.

*Connects families with a variety of resources http://health.mo.gov/living/families/tellink/

Transportation Resource Catalog

*Department of Health and Senior Services (DHSS) and numerous public health system partners have created a catalog of transportation services that can help locate free or low cost resources to assist Missourians with transport to medical appointments.

*Transportation resource is now available on the department's website. Will maintain this resource and update it as information becomes available. Please link to the department's

webpage instead of posting it to your site so that we can ensure everyone gets the latest information.

http://www.health.mo.gov/atoz/pdf/transportationservices.pdf

Tree House of Greater St. Louis

636-332-4940 332 Stable Ln

Wentzville, MO 63385

*M-F 8:30-4:30 Offers therapeutic equestrian programs for individuals with disabilities ages 24 months and up. A variety of programs are offered based on need and experience.

*Can cost up to \$125/hr, partial scholarships may be available.

Troy Dream Center

366 S. Lincoln Drive Troy, MO 63379 636.775.1674

- *Faith based residential program for men who are overcoming life-controlling issues, drugs and alcohol addictions, depression and abuse. *food, housing, education and counseling are all provided free of charge
- *New sessions begin every 8 weeks
- *Applications available on website or at their office info@troydreamcenter.com www.troydreamcenter.com

Turning Point

888-873-7233

Warrenton, MO 63383

- * Call 24/7, free, confidential hotline to get info or to talk about options.
- *Domestic/sexual violence shelter for women & children. Support with court advocacy, support groups, referrals, counseling, domestic and sexual violence, and adult human sex trafficking. http://www.turningpointdvs.com/

United Way Referral Service

211 or 800-427-4626 Local: 314-421-0700

*24/7 free, confidential referral service to local agencies and services

<u>Basic Needs</u> food, housing, material goods, transportation and utilities with low/fixed incomes <u>Consumer Services</u> education and protection of individuals who buy products/services personal use.

<u>Criminal Justice and Legal Services</u> Enforcing laws that protect life, residents live in safe environment

<u>Education</u> Programs that provide opportunities to acquire the knowledge, skills, desirable qualities of behavior, character, wisdom, & general competence

<u>Environment and Public Health/Safety</u> Protect and conserve natural resources, prevent or reduce environmental pollution, promote environmental and public health

<u>Health Care</u> Individuals and families achieve and maintain physical well-being through the study, prevention, screening, evaluation and treatment

<u>Income Support and Employment</u> Programs meet the economic needs of the community by helping residents prepare for, find and sustain gainful employment; providing public assistance/support

Individual and Family Life Promote the personal, social and spiritual development of people in the community by offering services that replace or supplement the care and support Mental Health and Substance Use Disorder Services Provide preventive, diagnostic and treatment services in a variety of community and hospital-based settings

<u>Organizational/Community/International Services</u> Provide a broad spectrum of services that benefit entire communities or which offer services that are statewide, regional, national or international

http://www.211helps.org/

Veterans Care Coordination

855-380-4400

Assists veterans and surviving spouses of veterans to see if VA can pay for in-home care. Benefit can provide help with cooking, cleaning, laundry, bathing, dressing, and some transportation.

Mission is for veterans to age at home.

Vcchc.com

Victim's Advocate

Lincoln County: 636-528-8571

M-F 8:00-4:30

Pike County: 573-324-2201

*Information, education, emotional support, and resources for victims of crime www.ago.mo.gov click Programs/Services menu tab, click on Advocates for Crime Victims for the listing by county

Walker Scottish Rite Clinic

314-529-9200

5 Health Department Drive

Troy, MO 63379

*Provide FREE speech and language screenings, evaluations, and therapy for children two through six years of age

*Fully integrated program of Maryville University www.srclinic.org

Warming Centers

636-395-0492 call after 3pm when the overnight temp is predicted to be below 20 degrees F. pm between mid November through mid March.

*Overnight: Emergency Weather Response is a hotline number for Lincoln, St. Charles, and Warren counties

Youth Connection Helpline

Text "SAFE, your current address, city and state" to 44357

- *24/7 free, confidential hotline for children/youth 18 yr and younger, and families experiencing a mental health crisis
- *Sponsored through BHR and Youth in Need, provides over the phone crisis intervention, face to face assessments, and community resource linkage. Can also provide directions to the nearest safe place location for youth needing immediate help.
- *Only for Franklin, St. Charles and St. Louis Counties and St. Louis City 800-811-4760
- *For all other counties, including Lincoln and Warren County call for ANY age 314.819.8802 www.nationalsafeplace.org